



**WORKERS' COMPENSATION PANEL OF
MEDICAL TREATMENT FACILITIES FORM**

Norfolk Public Schools provides the following workers' compensation panel of medical treatment facilities to its employees for treatment of workers' compensation injuries. In accordance with the Virginia Workers' Compensation Act, you must select your treating physician from this panel. This form is provided to assist you with that selection. You must sign and date this form after indicating your selection. **If you choose a treating facility that is not on this list, you will be responsible for the cost of your medical care.**

1. Immediately notify your supervisor of your injury/illness. The specific injury/illness should be described on the Report of Employee Accident/Injury form (M-2).
2. If medical attention is needed, select a facility listed on this panel form. **Use the nearest hospital emergency facility for "EMERGENCY" medical care only.** After your initial emergency treatment, select a medical facility from the panel. **DO NOT GO TO YOUR PRIMARY CARE PHYSICIAN UNDER ANY CIRCUMSTANCE.**
3. For each visit, always take an Authorization for Medical Care Form (M-11), signed by your principal or supervisor, to the selected panel physician or specialist, if referred by a panel physician. Return the form to your supervisor.
4. You should be **given a Modern Medical Pharmacy Card to take with you to the medical facility.** The card should be presented to a pharmacy technician along with the script for medication. However, if you do not receive a script, return the card to your office manager.

PANEL OF MEDICAL TREATMENT FACILITIES

NDC Urgent Care Center
850 Kempsville Road
(Next to Sentara Leigh Hospital)
Norfolk PH: 261-5999
Dr. William Robinett

NowCare Medical Center
6632 Indian River Road
Virginia Beach
PH: 424-4300
Dr. John Shaughnessy

Bayview Plaza Medical Center
7924 Chesapeake Boulevard
(At Little Creek Road)
Norfolk 587-1700
Dr. Lynette Rogers

Little Creek Medical Associates
Sentara Healthcare Center
1326 E. Little Creek Road
(near Chesapeake Boulevard)
Norfolk 583-6338
Dr. John Joyce

I & O Medical Centers
1290 Diamond Springs Road
Virginia Beach 460-0700
Dr. Michael Baddar

I, _____, have been provided the above panel subsequent to my work-related
(Print)
injury and I have selected the _____ medical facility from the panel.

Employee Signature

Date

Work Location

Work Phone Number